Eastbourne Sports Festival - Saturday 25th May

Hampden Park Sports Centre

- **Trampolining** 9-10:00 Age 5+
- **Tennis Coaching** Age 5-8 10-11:00
- **Trampolining** 10-11:00 Age 5+
- **Tennis Coaching** Age 8-12 11-12:00
- **Wendy Mann Street Dance** 11-12:00 Age 6-14
- **Football Fun** 11:15-12:15 5-8 years
- **Badminton** 1 hour courts 11:30-13:30
- **Gym Inductions** 11-14:00
- **Sama Karate &Kickboxing** 12-13:00
- **Football Fun** 12:45-13:45 8-12 years
- **Cheerleading** 13-14:00
- **Tennis and Netball** 1 hour courts 12-17:00
- **Table Tennis** 1 hour tables 13-15:00
- **Squash and Racketball** 20min Sessions 13-15:00
- **Sk8 School** 14-15:00
- **Bouncy Castle** 15:15-16:15
- **Badminton** 15:15-16:15
- **Boxing** 1 hour sessions 15-17:00 Age 5+

Eastbourne Sports Park

- **Seagull Specials Disabled Football** 10-12:00
- **Eastbourne Girls Football** 10-11:00 Age 8-14
- **Eastbourne Ladies Football** 11-12:00 Age 14+
- **Tennis Eastbourne Private Coaching Sessions** 9-12:00 (Viewing Only)
- **Tennis** 9:30-11:30
- **Track Active Junior Atheltics** Age 8-15 10-12:00
- **Sussex Disc Golf** 9.30-16.30
- **Open Football Session** 12:30-16:30
- **Eastbourne Rugby League** 12:30-14:30 8yrs - Adult
- **Eastbourne Fencing Club** 12-13:00
- **Eastbourne Fencing Club** 13:30-14:30
- **Street Surfing** 12-12:45 13-13:45
- **Touch Tennis** 14-15:30
- **Touch Tennis** 14:30-15:30
- **Eastbourne Lions Basketball** 12-16:00
- **Bikeability** Bikes+helmets available from age 7+ or bring your own 12-16:00
- **Eastbourne Handball Club** 15:30-17:00
- **Open Basketball** 16-17:00

Cavendish Sports Centre

- **Little Kickers** 9-10:00 6 months-7 years
- **Little Rugby** 10-11:00 6 months-7 years
- **Eastbourne Edge Inline Hockey** 10:15-11:45 Age 10-11
- **Jujitsu** 11-12:00 Age 7+
- **Junior Table Tennis** 11-12:00 Age 8-16
- **Bouncy Castle** 9-17:00
- **Eastbourne Edge Inline Hockey** 12-13:00 Age 12-17
- **Zumba** 12-13:00
- **Family Table Tennis** 12-14:00 Age 6+
- **Bokwa** 13-14:00
- **Street Dance** 14:15-15:00 Age 6-11
- **Aikido** 14:30-16:00 Age 10+
- **Adult Table Tennis** 14-17:00
- **Open Badminton** 15:30-17:00

Shinewater Sports Centre

- **Gymnastics** Age 5-13 9-10:30
- **Shining Stars Dance Academy** 9-12:00 (Viewing Only)
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- **Gymnastics** Age 5-13 10:30-12:00
- **Open Table Tennis** 11-12:30
- **Shining Stars Dance Academy** 1 hour sessions 12-14:00
- **Eastbourne Cricket Club** 13-14:00
- **Short Mat Bowls** 12:30-14:30
- **Eastbourne Lions Basketball** 14-15:00
- **Open Table Tennis** 14-16:00
- **Boccia** Age 18+ 14:30-16:00
- **Dodgeball** 15-16:00

Sea Front

- **Life Guard Station**
- **Tyro Lifeguards** 11-12:00 Age 8+
- **Tyro Lifeguards** 13-14:00 Age 8+

Sovereign Centre

- **Junior Scuba Try Dive** 11:30-13:30 15 min sessions Age 8+
- **Diving Sessions for New Divers** 11-15:00 1 hour sessions **Ability**: Swim 20m without goggles and be confident in deep water
- **Junior Gym** 11:15-12:15 Age 11-15
- **Junior Gym** 12:15-13:15 Age 8-11
- **H20 Pool Party** 15-16:30 Under 8 yrs must be accompanied 2:1 Under 3 yrs 1:1